



## Physical Distancing Procedures and Policies

Last updated: January 2021

### Hello OCPAA Families!

This document outlines all the steps we are taking to keep our families, staff and faculty safe. Additionally, please view the video below which summarizes the new procedures we are asking families and students to follow so we can all do our part to keep everyone healthy. Many of the procedures are directed towards our competition team dancers who spend a lot more time at the studio and therefore require additional safety measures. However, all of our recreational families will easily understand what applies to them from below. If you have any questions or concerns please do not hesitate to email us at [tammy.ocpaa@gmail.com](mailto:tammy.ocpaa@gmail.com).

**ALL STUDENTS AGES 6 AND UP ARE REQUIRED TO WEAR A MASK AT ALL TIMES WHILE ON CAMPUS AND IN CLASS.**

**NO PARENTS ON CAMPUS - except for those walking students ages 5 and under to and from class.**

**If a student has multiple classes in one day please bring a laundry type basket (labeled) so they can place their dance bag, water and shoes inside of it while in class.**

### Student Drop Off Procedures & Classroom Access

1. **STUDENTS MAY ONLY BE DROPPED OFF AT THE MAIN COURTYARD AREA ON SERRANO. DO NOT DROP OFF NEAR ROOM 9 OR IN THE BACK.** All student temperatures will be scanned by OCPAA staff in their vehicle at the front courtyard drop off area of the Serrano Center. We recommend arriving 5-10 minutes before your class to allow time for this.
2. Students ages 6 and up will be dropped off at the studio for classes. Parents/Guardians may remain in their vehicle.
3. Students ages 5 and under may be walked to their class by a parent/guardian. Face masks must be worn by all adults on the premises. Parents/guardians are then asked to return to their vehicle and can come back 5 minutes before class is over.
4. **Room Access:** since we are not allowing access to the main studio area (office and dressing room closed) please enter the rooms as follows:
  - a. Room 1: main studio doors
  - b. Room 2: main studio doors
  - c. Rooms 3-10 have doors accessible from the outside area of the Serrano Center.
5. **What about bathroom breaks?** Make every effort to use the restroom prior to coming to the studio. Parents will not be permitted to assist their child inside of the main bathroom. Therefore,

our classes for our youngest students will be placed in rooms with access to outside bathrooms when possible.

- i. Room 1 uses stall 1 in bathroom (no parent assistance allowed)
- ii. Room 2 uses stall 2 in bathroom (no parent assistance allowed)
- iii. Room 3 uses Room 7 bathroom across from Room 3 and 4 (parents allowed)
- iv. Room 4 uses Room 7 bathroom across from Room 3 and 4 (parents allowed)
- v. Rooms 5-10 have their own bathrooms. Parents are not allowed inside.

### **What are we asking you to do to keep everyone safe?**

- 1. If students, parents or anyone in your household are exhibiting signs of illness, cold, allergy or fever please do not come to class. Zoom will be available for all recreational classes except tumbling and acro.**
2. No street shoes in the dance rooms or studio. Please change your shoes prior to entering the class and place them in your basket.
3. Any items left over at the end of the day will be thrown away by the cleaning crew.
4. All **competition team** students are required to bring a basket to carry their personal items back and forth and to store the items during classes. **It is recommended that all recreational students also bring a basket if they have multiple classes in a day.**
  - a. Students must bring yoga mats for any floor exercises during warm up
  - b. Students must bring ballet barre covers (these will be sold at the studio)
  - c. Students must bring their own stretch blocks. There will be none provided at the studio.
  - d. Water bottles must be labeled and remain in their basket.
- 5. Masks required for all adults at all times while outside of your vehicle**
- 6. Masks for all students over the age of 2 are recommended while outside of their classroom.**
7. No parents allowed in rooms at any time
8. Students will use hand sanitizer when they enter and exit the classroom
9. No tights will be required for **competition team** ballet classes, please wear all black.
- 10. Absolutely no parents are allowed to hang around in the courtyard area of the Serrano Center. Please remain in your car if you are staying.**

### **What are we doing to keep the studio clean?**

1. Our cleaning crew will clean every day M-F with hospital grade cleaning supplies
2. Hand sanitizer and cleaning supplies in every room
3. Acro/Tumbling room (room 9) will have the mats professionally steam cleaned 2x a month
4. Industrial air purifiers installed throughout the studio rooms
5. Anything left in the studio at the end of the day will be disposed of
6. Dressing room will be closed
7. Floors will be taped showing recommended 6 ft distancing for students to stand on
8. Floors will be sprayed with disinfectant after each team/class is done for that day.
9. Ballet barres will be wiped down after each class with sanitizing wipes
10. Door handles and door will be wiped down after each class with sanitizing wipes
11. Check off list posted in each room with cleaning procedures after each class
12. All families must agree to updated liability waivers and procedure policies which will be on the parent portal.

**Staff**

1. Staff exhibiting signs of illness or fever will remain home
2. Staff will bring “studio shoes” for in the dance rooms
3. Temperature check of all staff before teaching

**Office**

1. The office will remain closed at this time.
2. Please email [tammy.ocpaa@gmail.com](mailto:tammy.ocpaa@gmail.com) for questions on anything studio related.
3. You may also access the [parent portal](#) for your class schedule and more info.

**Resources**

[CDC guidelines on exercise and masks](#)

[Managing Stress & Anxiety](#)

[Reducing Stigma](#)